

*the body*

**BISTRO MENU**

**The Goodwood Park Hotel** has been an integral part of the Goodwood community since the mid-1800s. We have been told that as Adelaide settled, guests would stand on the hotel's balcony to see the boats arriving along the coast. A horse and cart would be sent to collect supplies as well as visitors.














Today our hotel is more commonly known as The Goody and is owned and managed by the Rogers family.

We hope you enjoy your Goody visit. We trust you will direct any compliments or concerns regarding your experience to our manager on duty and sincerely hope to see you again soon.


Cheers,  
**Matt, Fran, Pete & Fiona**


# STARTERS

---

<b>GARLIC BREAD (5)</b> 	8	<b>SUPREME POTATO WEDGES</b>	15
toasted french bread, garlic & parsley butter		bacon, mozzarella, sweet chilli, sour cream, spring onions	
<b>12" WARM PIZZA BREAD</b> 	14	<b>GOODY NACHOS</b>  	15/20
garlic, mozzarella, parmesan, whipped fetta, cracked black pepper		tortilla chips, tomato salsa, sour cream, guacamole, jalapeno, mozzarella	
<b>DIPS, CRUDITÉS &amp; PITA</b>  	15	<b>SEA SALTED CHIPS</b>  	10
roast red capsicum, french onion, hummus		tomato sauce, aioli	
<b>SA WARM MARINATED OLIVES</b>	6	<b>SUNDRIED TOMATO &amp; BASIL ARANCINI (3)</b> 	16
		aioli, shaved parmesan	
<b>CHEF'S SOUP OF THE DAY</b>	10	<b>SALT &amp; PEPPER SQUID</b>	15
with toasted ciabatta		sweet chilli sauce, asian slaw	
<b>SEASONED POTATO WEDGES</b> 	10	<b>STICKY PORK RIBS</b>	16
sweet chilli, sour cream		gooey sauce, steamed rice	
<b>SEASONED POTATO WEDGES</b> 	10	<b>SOUTHERN-FRIED CHICKEN STRIPS (5)</b>	16
sweet chilli, sour cream		chipotle mayo	
<b>SWEET POTATO WEDGES</b>  	12	<b>PRAWN SPRING ROLLS (3)</b>	16
aioli, chipotle mayo		chilli dipping sauce	

---

 gluten-free

 gluten-free option

 vegetarian

 vegan

 vegan option

## HOME-MADE PIZZAS

---




all pizzas are spread with our napolitana sauce  
and topped with mozzarella

<b>GLUTEN-FREE BASE</b>	+4.5
<b>MARGHERITA</b> 	18
heirloom cherry tomato, garlic, olive oil, fresh basil	
<b>JUST PEPPERONI</b>	20
pepperoni, napolitana sauce, mozzarella	
<b>VEGETARIAN</b>  	22
pumpkin, caramelised onion, fetta, capsicum, spinach, pinenuts, honey	
<b>HOUSE SPECIAL</b>	24
chorizo, ham, salami, bacon, spanish onion, capsicum, mushroom, pineapple, olives	
<b>CLASSIC HAWAIIAN</b>	20
smoked ham, pineapple	
<b>TANDOORI CHICKEN</b>	22
spiced chicken, roasted capsicum, red onion, mango chutney, yoghurt, coriander	
<b>MEAT LOVERS</b>	22
beef, pork, lamb, onion, bacon, barbecue sauce	

## BURGERS

---



served on sesame seed brioche buns

<b>PRIME BEEF BURGER</b> 	23
beef patty, american cheddar, bacon, pickles, caramelised onion, mustard mayonnaise, chips	
<b>MAKE IT A DOUBLE</b>	+6
extra beef patty, extra bacon, extra cheese	
<b>CRISPY SOUTHERN-STYLE CHICKEN BURGER</b>	22
onion, tomato, lettuce, chipotle mayonnaise, chips	
<b>BETROOT &amp; QUINOA BURGER</b>  	22
beetroot relish, rocket, pickled cucumber, onion, chips	
<b>AVOCADO +4 FRIED EGG +3 BACON +3 GLUTEN-FREE BUNS</b>  +4	

---






10% surcharge applies  
on public holidays

not all ingredients are listed please  
alert us to any dietary requirements

 TheGoodyHotel  
 the\_goody














## MAIN MEALS

---


<b>ROAST OF THE DAY</b> 	21/25
roast potato, carrots, parsnip, pumpkin, gravy	
<b>PASTA OF THE DAY</b>	20/24
see our specials selection	
<b>SALT &amp; PEPPER SQUID</b>	26
asian slaw, sweet chilli sauce, chips, lemon	
<b>FISH &amp; CHIPS</b>	22
crumbed cod fish, chips, salad, lemon, tartare	
<b>ROAST SALMON</b> 	38
chorizo & white bean cassoulet, cherry tomatoes, fresh herbs	
<b>SOUTHERN FRIED CHICKEN STRIPS</b>	26
slaw, chips, chipotle mayo, lime	
<b>SWEET POTATO &amp; CASHEW CURRY</b> 	24
pumkin, rice, naan, papadums	
<b>BANGERS &amp; MASH</b> 	20/22
pork sausages, mash, peas, gravy	
<b>TUSK FISH</b> 	32
firm white flesh fish with sweet flavour	
grilled with buttered new potatoes, roast honey glazed carrots, micro herbs & caper berries	
or	
beer battered with chips, salad, lemon & tartare	


## SIDES

---

<b>CHIPS</b>  	5/10
<b>ROASTED VEGETABLES</b>  	6/12
<b>GREEK SALAD</b>  	6/12
<b>ASIAN SLAW</b>   	5/10
<b>ROASTED POTATOES</b>  	5/10
<b>SWEET POTATO WEDGES</b>  	6/12

---

 gluten-free

 gluten-free option

 vegetarian

 vegan

 vegan option

# GRILLS


unavailable between  
2.30pm—5.30pm

all steaks are grain fed cooked  
to your liking with red wine jus.  
your choice of buttery potato mash  
& roast honey glazed carrots  
or chips & house greek salad  
allow up to 30 mins for well-done

250g EYE FILLET 	42
350g SCOTCH FILLET 	40
300g PORTERHOUSE 	39




## SCHNITZELS

---

300g CHICKEN BREAST	24
house slaw, chips	
300g PORTERHOUSE BEEF	24
house slaw, chips	
SAUCES gravy, pepper, mushroom, diane 	+2.5
TOPPINGS parmigiana, kilpatrick, hawaiian	+4

## SALADS

---


ANTIPASTO PLATE	26
serrano ham, salami, stuffed bell pepper, feta, olives, gherkin, hommus, veg sticks, cheddar, pita bread	
MEDITERRANEAN TORN BREAD SALAD	24
roast pumkin, feta, tomato, basil, rocket, roast red capsicum, chardonnay dressing	
THAI BEEF (MEDIUM RARE) 	22
asian slaw, garden greens, chilli lime dressing, pickled ginger, sesame seeds, peanuts	
GREEK  	22
salad leaves, tomato, roast red capsicum, fetta, olives, cucumber, onion	

AVOCADO +4 HALOUMI +4 CHICKEN +4  
SALT & PEPPER SQUID +4

## KIDS MEALS



---

all kids meals include an ice block or dixie cup  
ice cream (vanilla) as well as an activity bag


<b>BEEF SCHNITZEL</b>	14
chips, tomato sauce	
<b>CHICKEN SCHNITZEL</b>	14
chips, tomato sauce	
<b>FISH &amp; CHIPS</b>	14
crumbed fish, chips, tartare	
<b>GRILLED CHICKEN SALAD</b>	14
chicken tenderloins, garden salad	
<b>CHEESE &amp; HAM PIZZA</b>	14
tomato, mozzarella	
<b>PENNE NAPOLITANA</b>	14
grated parmesan	
<b>PENNE PLAIN</b>	14
mozzarella	
<b>COLD PLATE</b> 	14
leg ham, veggie sticks, cheddar cheese, hommus dip, bread	
<b>GRILLED PORK SAUSAGE</b>	14
chips, gravy	

## SENIORS MEALS

---

<b>ROAST OF THE DAY</b> 	21
seasonal vegetables, roast potato, gravy	
<b>FISH &amp; CHIPS</b>	22
crumbed cod fish, chips, salad, lemon, tartare	
<b>PASTA OF THE DAY</b>	20
see our specials selection	
<b>BANGERS &amp; MASH</b> 	20
pork sausage, mash, peas, gravy	

---

 gluten-free

 gluten-free option




 vegetarian

 vegan

 vegan option

## DESSERTS

---

<b>CHOCOLATE-COATED PROFITEROLES</b>	14
cream-filled, chocolate sauce, vanilla ice cream	
<b>WARM STICKY DATE PUDDING</b>	14
butterscotch sauce, vanilla ice cream	
<b>PAVLOVA</b> 	12
strawberry compote, vanilla ice cream	
<b>ICE CREAM NUT SUNDAE</b> 	10
ice cream, nuts, wafer, choice of chocolate, strawberry, banana or caramel topping	
<b>COOKIES &amp; CREAM CHEESECAKE</b>	14
caramel sauce, vanilla ice cream	
<b>CARAMEL SLICE</b> 	10
butterscotch sauce, vanilla ice cream	

## COFFEE & TEA



---

<b>AFFOGATO</b>	8
short black, vanilla ice cream	
<b>ADD A SHOT OF LIQUEUR</b>	+6
<b>SHORT BLACK</b>	4.5
<b>LONG BLACK</b>	4.5
<b>COFFEE WITH MILK</b>	5
cappuccino, latte, flat white	
<b>CHAI LATTE / HOT CHOCOLATE</b>	5.5
<b>MUGACCINO</b>	5.5
<b>SELECTION OF TEAS</b>	4.5
<b>SOY MILK / ALMOND MILK</b>	+2
<b>EXTRA SHOT</b>	+1.5

---

10% surcharge applies  
on public holidays

not all ingredients are listed please  
alert us to any dietary requirements

 TheGoodyHotel  
 the\_goody