

*the body*

**BISTRO MENU**

**The Goodwood Park Hotel** has been an integral part of the Goodwood community since the mid-1800s. We have been told that as Adelaide settled, guests would stand on the hotel's balcony to see the boats arriving along the coast. A horse and cart would be sent to collect supplies as well as visitors.

Today our hotel is more commonly known as The Goody and is owned and managed by the Rogers family.

We hope you enjoy your Goody visit. We trust you will direct any compliments or concerns regarding your experience to our manager on duty and sincerely hope to see you again soon.

Cheers,  
**Matt, Fran, Pete & Fiona**

# STARTERS

<b>GARLIC BREAD (5)</b> 	8	<b>SALT &amp; PEPPER SQUID</b>	14
toasted french bread, garlic & parsley butter		sweet chilli sauce, asian slaw	
<b>12" WARM PIZZA BREAD</b> 	12	<b>INDIAN SPICED VEGETABLE SAMOSAS (5)</b> 	15
garlic, mozzarella, parmesan, whipped fetta, cracked black pepper		chickpea masala	
<b>DIPS, CRUDITÉS &amp; PITA</b>  	15	<b>SOUTHERN-FRIED CHICKEN STRIPS (5)</b>	15
roast red capsicum, french onion, hummus		chipotle mayo	
<b>SA WARM MARINATED OLIVES</b>	6	<b>PRAWN SPRING ROLLS (3)</b>	15
		chilli dipping sauce	
<b>POTATO WEDGES</b> 	10	<b>CRUMBED CAMEMBERT (5)</b>	15
sweet chilli, sour cream		red currant jelly	
<b>SWEET POTATO WEDGES</b>  	10		
aioli, chipotle mayo			
<b>SUPREME POTATO WEDGES</b>	15		
bacon, mozzarella, sweet chilli, sour cream, spring onions			
<b>GOODY NACHOS</b>  	14/18		
tortilla chips, tomato salsa, sour cream, guacamole, jalapeno, mozzarella			
<b>SEA SALTED CHIPS</b>  	10		
tomato sauce, aioli			
<b>MUSHROOM ARANCINI (3)</b> 	15		
aioli, shaved parmesan			
<b>HARISSA LAMB SKEWER</b> 	15		
mint & fennel yoghurt			

 gluten-free

 gluten-free option

 vegetarian

 vegan

 vegan option

## HOME-MADE PIZZAS

all pizzas are spread with our napolitana sauce and topped with mozzarella

<b>GLUTEN-FREE BASE</b>	+3
<b>MARGHERITA</b> 	18
heirloom cherry tomato, garlic, olive oil, fresh basil	
<b>JUST PEPPERONI</b>	19
pepperoni, napolitana sauce, mozzarella	
<b>VEGETARIAN</b>  	20
pumpkin, caramelised onion, fetta, capsicum, spinach, pinenuts, honey	
<b>HOUSE SPECIAL</b>	22
chorizo, ham, salami, bacon, spanish onion, capsicum, mushroom, pineapple, olives	
<b>CLASSIC HAWAIIAN</b>	18
smoked ham, pineapple	
<b>TANDOORI CHICKEN</b>	21
spiced chicken, roasted capsicum, red onion, mango chutney, yoghurt, coriander	
<b>MEAT LOVERS</b>	20
beef, pork, lamb, onion, bacon, barbecue sauce	
<b>GOODY CALZONE</b>	22
chorizo, ham, salami, bacon, spanish onion, capsicum, mushroom, pineapple, olives, bolognese sauce or napolitana sauce	

## BURGERS

served on sesame seed brioche buns

<b>PRIME BEEF BURGER</b>	20
beef patty, american cheddar, bacon, pickles, caramelised onion, mustard mayonnaise, chips	
<b>MAKE IT A DOUBLE</b>	+6
extra beef patty, extra bacon, extra cheese	
<b>CRISPY SOUTHERN-STYLE CHICKEN BURGER</b>	20
onion, tomato, lettuce, chipotle mayonnaise, chips	
<b>SWEET POTATO BURGER</b>  	20
sweet potato & cannellini bean patty, avocado, cos lettuce, tomato relish, mint & fennel yoghurt, chips	
<b>FISH BURGER</b>	20
crumbed cod fish, lettuce, tomato, pickled onion, pea & mint mayo	

**AVOCADO +4 FRIED EGG +3 BACON +3  
GLUTEN-FREE BUNS**  +3

10% surcharge applies on public holidays

not all ingredients are listed please alert us to any dietary requirements

 TheGoodyHotel  
 the\_goody

## MAIN MEALS

<b>ROAST OF THE DAY</b> 	19/23	<b>KING GEORGE WHITING</b>	32/38
seasonal vegetables, roast potato, gravy		grilled with butter new potatoes, broccolini, lemon hollandaise or battered with chips, salad, lemon, tartare	
<b>PASTA OF THE DAY</b>	19/23		
see our specials selection			
<b>VEGETARIAN LASAGNE</b> 	22	<b>HARISSA LAMB SKEWERS</b> 	30
layered eggplant, capsicum, mushroom, zucchini, tomato, mozzarella, with greek salad, garlic bread		roast potatoes, kale & pumpkin salad with fetta, mint & onion, fennel yoghurt	
<b>SALT &amp; PEPPER SQUID</b>	25	<b>SOUTHERN FRIED CHICKEN STRIPS</b>	24
asian slaw, sweet chilli sauce, chips, lemon		slaw, chips, chipotle mayo, lime	
<b>FISH &amp; CHIPS</b>	20	<b>THAI GREEN CHICKEN CURRY</b> 	22
crumbed cod fish, chips, salad, lemon, tartare		asian greens, coriander, beansprouts, rice	
<b>ROAST SALMON</b> 	29	<b>BANGERS &amp; MASH</b> 	18/21
peas, baby spinach, kale, broccolini, creamy green goddess sauce		pork sausages, mash, peas, gravy	

## SIDES

<b>CHIPS</b> <b>ve</b> 	5/10	<b>ASIAN SLAW</b>   	5/10	<b>SWEET POTATO WEDGES</b>  	5/10
<b>ROASTED VEGETABLES</b>  	5/10	<b>ROASTED POTATOES</b>  	5/10		
<b>GREEK SALAD</b>  	5/10	<b>STEAMED BROCCOLI &amp; LEMON</b>  	5/10		

 gluten-free    gluten-free option    vegetarian    vegan    vegan option

# GRILLS

unavailable between  
2.30pm—5.30pm

all steaks are grain fed cooked to  
your liking with red wine jus.  
your choice of buttery potato mash  
& broccolini or chips & salad  
allow up to 30 mins for well-done

250g EYE FILLET 	41
350g SCOTCH FILLET 	39
300g PORTERHOUSE 	37

## SCHNITZELS

300g CHICKEN BREAST	22
house salad, chips	
300g PORTERHOUSE BEEF	22
house salad, chips	
SAUCES gravy  , pepper, mushroom, diane	+2.5
TOPPINGS parmigiana, kilpatrick, hawaiian	+4

## SALADS

WARM CONFIT DUCK BREAST 	20
salad greens, orange, pistachio nuts, pomegranate dressing	
THAI BEEF (MEDIUM RARE) 	20
asian slaw, garden greens, chilli lime dressing, pickled ginger, sesame seeds, peanuts	
CAESAR 	18
baby cos lettuce, bacon, croutons, parmesan, anchovies, poached egg	
GREEK  	18
salad leaves, tomato, roast red capsicum, fetta, olives, cucumber, onion	
DUCK ANTIPASTO BOARD	28
confit duck breast, duck pâté, baby bell peppers, cornichons, olives, salad, warm bread	
AVOCADO +4 HALOUMI +4 CHICKEN +4 SALT & PEPPER SQUID +4	

## KIDS MEALS

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all kids meals include an ice block or dixie cup  
ice cream (vanilla) as well as an activity bag

<b>BEEF SCHNITZEL</b>	14
chips, tomato sauce	
<b>CHICKEN SCHNITZEL</b>	14
chips, tomato sauce	
<b>FISH &amp; CHIPS</b>	14
crumbed fish, chips, tartare	
<b>PENNE BOLOGNESE</b>	14
grated parmesan	
<b>GRILLED CHICKEN SALAD</b>	14
chicken tenderloins, garden salad	
<b>CHEESE &amp; HAM PIZZA</b>	14
tomato, mozzarella	
<b>PENNE NAPOLITANA</b>	14
grated parmesan	
<b>PENNE PLAIN</b>	14
mozzarella	
<b>COLD PLATE</b> 	14
leg ham, veggie sticks, cheddar cheese, hommus dip, bread	

## SENIORS MEALS

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<b>ROAST OF THE DAY</b> 	19
seasonal vegetables, roast potato, gravy	
<b>FISH &amp; CHIPS</b>	20
crumbed cod fish, chips, salad, lemon, tartare	
<b>PASTA OF THE DAY</b>	19
see our specials selection	
<b>PENNE BOLOGNESE</b>	18
grated parmesan	
<b>BANGERS &amp; MASH</b> 	18
pork sausage, mash, peas, gravy	
<b>CAESAR</b> 	18
baby cos lettuce, bacon, croutons, parmesan, anchovies, poached egg	

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## DESSERTS

<b>CHOCOLATE-COATED PROFITEROLES</b> cream-filled, chocolate sauce, vanilla ice cream	12
<b>WARM STICKY DATE PUDDING</b> butterscotch sauce, vanilla ice cream	12
<b>ETON MESS</b>  mixed berries, broken meringue, chantilly cream	10
<b>ICE CREAM NUT SUNDAE</b>  ice cream, nuts, choice of chocolate, strawberry, banana or caramel topping	10
<b>PASSIONFRUIT CHEESECAKE</b> coulis, vanilla ice cream	12
<b>CARAMEL SLICE</b>  butterscotch sauce, vanilla ice cream	10

## COFFEE & TEA

<b>AFFOGATO</b> short black, vanilla ice cream	7
<b>ADD A SHOT OF LIQUEUR</b>	+5
<b>SHORT BLACK / LONG BLACK</b>	3.5
<b>COFFEE WITH MILK</b> cappuccino, latte, flat white	4
<b>SELECTION OF TEAS</b>	4
<b>CHAI LATTE / HOT CHOCOLATE</b>	4.5
<b>MUGACCINO</b>	4.5
<b>EXTRA SHOT</b>	+1.5
<b>SOY MILK / ALMOND MILK</b>	+2

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